

PeaceWorks University

Toolbox Item: Gather Data - Perpetrator Confrontation

Throughout 2022, PWU members will receive access to one video each month (twelve total) from Chris Moles in which he will introduce one of the six key elements of biblical counseling (*Gather Data, Build Involvement, Evaluate Problems Biblically, Minister the Word, Instill Hope, and Implement Homework*) and apply that key element to the specific practice of either victim care or perpetrator confrontation. After completing the *Key Elements of Biblical Counseling Success Path*, PWU members will be able to articulate each of the six key elements of biblical counseling and apply those elements to the particular needs of counselees, both victims and perpetrators of domestic abuse.

PWU members will also receive access to one new Toolbox item each month corresponding to the key element of biblical counseling being taught and applied in that month's Success Path video (see above). Our hope is that these Toolbox items will give you practical tools to use as you incorporate these key elements into your own counseling ministry.

PERSONAL DATA INVENTORY

Please complete this inventory carefully.

If a question does not apply to your particular situation, please mark "N/A."

PERSONAL IDENTIFICATION:

Name _____ Birth Date _____

Address _____ Zip _____

Age _____ Sex _____ Referred By _____

Marital Status:

Single _____ Engaged _____ Married _____ Separated _____ Divorced _____ Widowed _____

Education: (last year completed): _____

Home Phone _____ Cell Phone _____

Employer _____ Position _____ Years _____

In case of emergency, please contact: _____ (name)

_____ (Phone numbers)

MARRIAGE AND FAMILY:

Spouse _____ Birth Date _____

Age _____ Occupation _____ How long employed _____

Home Phone _____ Business Phone _____

Date of Marriage _____ Length of dating _____

Give brief statement of circumstances of meeting and dating _____

Have either of you been previously married _____ To Whom _____

Have you ever been separated _____ Filed for divorce _____

Information about children:

Name	Age	Sex	Living	Yrs. Ed.	Step-child
------	-----	-----	--------	----------	------------

_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____

Describe relationship to your father _____

Describe relationship to your mother _____

Number of siblings _____ Your sibling order _____

Did you live with anyone other than parents _____

Are your parents living _____ Do they live locally _____

HEALTH

Describe your health _____

Do you have any chronic conditions _____ what _____

List important illnesses and injuries or handicaps _____

Date last medical exam _____ Report _____

Physician's name and address _____

Current medication(s) and dosage _____

Have you ever used drugs for other than medical purposes _____

If yes, please explain _____

Have you ever been arrested _____

Do you drink alcoholic beverages _____ If so, how frequently and how much _____

Do you drink coffee _____ How much _____

Other caffeine drinks _____ How much _____

Do you smoke _____ What _____ Frequency _____

Have you ever had interpersonal problems on the job _____

Have you ever had a severe emotional upset _____ If yes, explain _____

Have you ever seen a psychiatrist or counselor _____ If yes, explain _____

Are you willing to sign a release of information form so that your counselor may write for social, psychiatric, or other medical records _____

SPIRITUAL:

Denominational preference _____

Church attending _____

Church attendance per month (circle one) 0 1 2 3 4 5 6 7 8+

Have you been baptized _____

How often do you read the Bible _____ never _____ Occasionally _____ Daily

Explain any recent changes in your religious life _____

WOMEN ONLY:

Have you had any menstrual difficulties _____ Do you experience tension, tendency to cry, other symptoms prior to your cycle, please explain _____

Is your husband willing to come for counseling _____

Is he in favor of your coming _____ If no, explain _____

PROBLEM CHECKLIST:

- | | | |
|-------------------------|-------------------|-------------------|
| ___ Anger | ___ Depression | ___ Loneliness |
| ___ Anxiety | ___ Drunkenness | ___ Lust |
| ___ Apathy | ___ Envy | ___ Memory |
| ___ Appetite | ___ Fear | ___ Moodiness |
| ___ Bitterness | ___ Finances | ___ Perfectionism |
| ___ Change in lifestyle | ___ Gluttony | ___ Rebellion |
| ___ Children | ___ Guilt | ___ Sex |
| ___ Communication | ___ Health | ___ Sleep |
| ___ Conflict (fights) | ___ Homosexuality | ___ Wife Abuse |
| ___ Deception | ___ Impotence | ___ A vice |
| ___ Decision-making | ___ In-laws | ___ Other |

Basic Information Sheet

Name: _____

BRIEFLY ANSWER THE FOLLOWING QUESTIONS:

1. What is the main problem, as you see it? What brings you here?

2. What have you done about it?

3. What can we do? What are your expectations in coming here?

4. As you see yourself, what kind of person are you? Describe yourself.

5. Is there any other information we should know?

Additional Data Gathering Considerations When Counseling Abuse Perpetrators

1. Be alert to common abuse tactics (such as minimization, denial, and blame-shifting) being used by the perpetrator in initial counseling sessions and even in the intake paperwork answers he provides.
2. Explore his spiritual journey. You can expect many abusive men (if they claim to be believers) to share propositional statements about their beliefs but don't settle for propositional statements alone. Ask them to share their personal testimony in order for you to better understand their perception of their own relationship with God. Dig into their view of God, self, sin, and the Scriptures.
3. Limit extensive questions – general, “shotgun” questions about various aspects of his life.
4. Stay committed to intensive questions – narrow questions specifically aimed at the issue at hand: the man's alleged abuse and your stated agenda of confrontation and calling him to repentance. You will want to ask specific questions that will help you uncover details about his current relationships (with God, his wife, and his children), his family of origin, and his own perception of his abusive behaviors.

Remember, these intensive questions are serving dual purposes. First, they serve you (the counselor) by drawing out necessary information that will deepen your understanding of the perpetrator and his contributions to and perception of the presenting problem. Second, they serve the perpetrator by providing him with an opportunity to hear his own words and to reflect on and consider his own perceptions of and contributions to the presenting problem.

Be aware, though you may want to quickly dive into heart-level motivations, it will serve you better in the long run to be patient and spend considerable time zooming your intensive questions in on the man's specific abusive behaviors/incidents and the impact of these behaviors/incidents have on his victim(s). As you gather layer upon layer of information regarding his abusive behavior/incidents and the impact these behaviors have, you'll be able to thread together patterns of his abuse.

5. Observe, take notes on, and respond to important non-verbal communication cues.