PeaceWorks University

Toolbox Item: Evaluate Problems Biblically - Perpetrator Confrontation

Throughout 2022, PWU members will receive access to one video each month (twelve total) from Chris Moles in which he will introduce one of the six key elements of biblical counseling (*Gather Data, Build Involvement, Evaluate Problems Biblically, Minister the Word, Instill Hope, and Implement Homework*) and apply that key element to the specific practice of either victim care or perpetrator confrontation. After completing the *Key Elements of Biblical Counseling Success Path*, PWU members will be able to articulate each of the six key elements of biblical counseling and apply those elements to the particular needs of counselees, both victims and perpetrators of domestic abuse.

PWU members will also receive access to one new Toolbox item each month corresponding to the key element of biblical counseling being taught and applied in that month's Success Path video (see above). Our hope is that these Toolbox items will give you practical tools to use as you incorporate these key elements into your own counseling ministry.

Principles of Evaluating Problems Biblically in Perpetrator Confrontation

A primary goal of perpetrator confrontation is to help the counselee evaluate their problems biblically. Be aware, because abusive individuals are prone to minimization, denial, and blame they tend to justify and rationalize their abusive behaviors rather than see their abuse from God's righteous perspective. Counselors need to take the clear data they have gathered, using the passport of involvement, and invite the counselee to evaluate their problems biblically.

- 1. Clearly distinguish between occasions of *sin* and *suffering*. There are many ways in which these two categories will interact with each other as counselors organize the data gathered.
 - a. In what circumstances and by what means has the counselee experienced suffering?
 - b. In what circumstances and by what means has the counselee sinned specifically by using their power to control people and/or circumstances?
 - c. In what ways has the counselee responded to past or current experiences of suffering by sinfully using their power to control people and/or circumstances?
 - d. In what ways and by what means has the counselee caused suffering in the lives of others by sinfully using their power to control people and/or circumstances?
 - e. In what ways is the counselee experiencing suffering as a result of their sinful choices to use his power to control people and/or circumstances?
- 2. Use the counselee's story as an opportunity to address issues of the outer and inner person.
 - > How does the counselee feel?
 - a. What are the counselee's emotions before/during/after abusive incidents?
 - b. What do these emotional responses reveal about the counselee's heart-level desires?
 - c. Are these emotional responses biblically appropriate?

d. In what ways do the counselee's emotional responses need to be conformed to the image of Christ?

> What does the counselee want?

- a. What is it about these particular circumstances that have tempted the counselee toward these particular emotional responses?
 - What does the counselee want so badly that he will sin to get it?
 - What does the counselee want so badly that he will sin if he does not get it?
- b. What do these emotional patterns reveal about the counselee's value system?
- c. Are these values biblically appropriate?
- d. In what ways does the counselee's value system need to be conformed to the image of Christ?

> How does the counselee think?

- a. What does the counselee's value system reveal about the way he views himself, his wife, God, and/or the world around him?
- b. Are these ways of thinking biblically appropriate?
- c. In what ways does the counselee's thinking need to be conformed to the image of Christ?